## WOMEN IN RECOVERY SUPPORT GROUP

A free support group for women seeking and/or in recovery from substance use disorder. All are welcome.

## 2-3 p.m. Every Wednesday

UK King's Daughters

## **WELLNESS RECOVERY**

Medical Arts Building 2301 Lexington Ave. | Room 140

For more information, please call (606) 408-7800.

- Recovering from substance use disorder can be tough, and women can face unique challenges.
- This is a safe place to share about these challenges, without fear of being shamed.
- Gain encouragement and support in a group setting from peers in recovery.





